



# Wicked BooksmART - MAEA Book Study

*Therapeutic Approaches in Art Education*, By Dr. Lisa Kay

**DATES:** July 6, 2020 - Aug 21, 2020

**FACILITATOR:**  
Lydia Gruner

## MEETING DAYS AND TIMES:

2 - Virtual Discussion Sessions

July 8 - 7:00 pm - 8:00 pm

August 5 - 7:00 pm - 8:00 pm

1 - Virtual Therapeutic Art Making Session

August 21 - 7:00 pm - 8:00 pm

Participants will be expected to participate in discourse on the topics outlined in the book in Google Classroom. 5 discussion questions will be posted. Participants will also be expected to watch 1 webinar provided by the publisher. All sessions will be held either via Zoom or Google Classroom

## DESCRIPTION:

This seven-week book study will focus on practical application of trauma-informed care and therapeutic approaches to care through an in-depth study of Lisa Kay's new book, *Therapeutic Approaches in Art Education*. Kay is Associate Professor and Chair of Art Education and Community Arts Practices at the Tyler School of Art and Architecture at Temple University. According to Temple's Art Therapy Program page, Kay's writing displays an, "interest in narrative storytelling that encourages personal reflection, self-knowledge and healing in the context of making art." We picked this particular text to help develop strategies to support our students coming out of a tumultuous time of broken learning and fractured routines. Part of Kay's approach also deals with self-care for educators like us through the practices discussed. Reading this book together may help both faculty and students in either a virtual or physical classroom setting. This book study will culminate in a virtual art making activity using some methods Kay recommends.

## OBJECTIVES OF THIS BOOK STUDY:

Participants will be able to:

- Apply models of trauma informed approaches to individual classroom practice.
- Improve instructional arts practice by learning key principles of the therapeutic approach that might help develop engaging lesson plans.
- Practice these therapeutic approaches in our own spaces.
- Generate lessons using therapeutic approaches that reach individual needs.

## BOOK STUDY WILL MEET ITS PURPOSE BY:

- Facilitating participant understanding on these topics through discourse and recorded author commentary within the discussion to deepen understanding.
- Exploring therapeutic art making directly.
- Creating a community of arts educators that encourages collaboration when applying therapeutic approaches to pedagogy.

## PROFESSIONAL DEVELOPMENT POINTS:

15 PDPs - Fulfills DESE requirement related to training in strategies for effective schooling for students with disabilities and the instruction of students with diverse learning styles.