## Arlington Public Schools- Middle School and High School Sketchbook Drawing Suggestions

	Drape a jacket over the back of a chair and do a continuous contour line drawing that includes only part of the jacket and part of the chair. Never lift your drawing instrument from the page
	Throw a bunch of potato chips (not less than 8) on the table and create a composition that reinforces negative and positive shapes created by the potato chips and space around them. Eat one potato chip, rearrange the remaining chips and do another drawing. Repeat this until all the chips are gone.
	Crumple a piece of white paper and without using outlines define the form of the paper using a wide range of light and dark values.
	Set up three different vegetables on a piece of tin foil and using colored pencils create a cubist style work (see Cezanne, Picasso, Braque)
	Draw a very small object but change its scale to appear very large in an invented or real space
	Create a cross section of the earth
	Draw an object that appears to be moving very fast.
	Metamorphosis: Draw two objects. One has to be an animal and one has to be
	mechanical. Draw the animal at the top of a page and the mechanical object at the
	bottom of the page, leaving space for additional drawings between them. Add additional
	drawings between them that show how one object morphs to become the other.
	Set your own rule that you must obey when you make a drawing. For example: Make an
	abstract drawing that lasts exactly 15 minutes (continuously drawing for 15 minutes) and
	lines can never intersect. You can not lift the pencil off the page for the entire 15
	minutes. See the work of artist, Kevin Townsend.
_	Draw people from direct observation at a coffee shop, a musician performing, or dancers dancing,
	Draw something falling
	Draw a detailed version of anything using a magnifying glass or microscope
	Draw an abstract interpretation of a poem without any realistic rendering
	Draw a section of dishes in the sink, drainboard or dishwasher Illustrate a dream
	Draw how you imagine you would look 50 years from now, including technological
	advancements attached to you
	Draw an animal exercising at a health club
	Choose an artist (any media) from an article or review in the magazine Art in America,
	and draw your own interpretation of the main idea the artist is conveying
	Cover a page in your sketchbook with a layer of smudged charcoal and do an
	observation complete drawing with an eraser
	Combine three different media in an observational drawing of a landscape looking out of
_	your window and include both inside and outside areas
	Draw the movement of large imagined ocean waves