



Dates: July 1 - August 15, 2023

Facilitators:

**The Trauma-Informed Toolkit Team
& Patty Klibansky (for MAEA)**



Description:

The Trauma-Informed Toolkit for Educators is designed to provide educators with a deeper understanding of trauma and its effects on childhood development, while offering a set of tools to help create supportive, healing centered, trauma-informed environments within a wide range of academic and recreational settings where students can grow.

In each training module, you will engage with the knowledge and practices that New York City Children's Theater uses to train their own staff of Teaching Artists when teaching young people through a trauma-informed lens.

The Trauma-Informed Toolkit for Educators modules feature 9 key topics and explore the 6 key elements of a trauma-informed approach as outlined by SAMHSA, The Substance Abuse and Mental Health Services Administration.

Learn more at: <https://traumainformedtoolkit.org/>

Objectives of this course

Participants will be able to:

- Understand trauma and its effects on childhood development.
- Create supportive, healing centered, trauma-informed environments.
- Choose and implement a tool (or multiple) from the Toolkit that they feel may be needed in their education practice.

This course will meet its purpose by:

- Providing resources and information about trauma-informed practices..
- Creating a community of arts educators that encourages reflective discussion.
- Instilling confidence and capability around approaching and understanding trauma in children.

Schedule Summary*:

Asynchronous Self-Paced Module Access

- As soon as you receive an email with your account setup information for The Trauma-Informed Toolkit for Educators you will be able to login and access all of the modules in the program.

Weekly Zoom Sessions

- 7/11: 6:00pm - 7:00pm, TITK Collaboration Session #1: Modules 1-3 (with Patty)
- 7/18: 6:00pm - 7:00pm, TITK Collaboration Session #2: Modules 4-6 (with Patty)
- 7/25: 6:00pm - 7:00pm, TITK Collaboration Session #3: Modules 7-9 (with Patty)
- 8/1: 6:00pm - 8:30pm, Live Virtual Professional Development Workshop with the NYCCT Toolkit Team

Deadline for Completion

- 8/15: Deadline to submit requested documents

Complete Course Curriculum:

Module 1	The Science Behind Trauma
Part 1	Video Lesson 1: The Science Behind Trauma
Part 2	Module 1 Quiz
Module 2	Safety
Part 1	Video Lesson 2: Safety
Part 2	Module 2 Quiz
Module 3	Trust and Transparency
Part 1	Video Lesson 3: Trust & Transparency
Part 2	Module 3 Quiz
Module 4	Empowerment, Voice, Choice
Part 1	Video Lesson 4: Empowerment, Voice, Choice
Part 2	Module 4 Quiz
Module 5	Collaboration and Mutuality
Part 1	Video Lesson 5: Collaboration & Mutuality
Part 2	Module 5 Quiz
Module 6	Identity and Validation
Part 1	Video Lesson 6: Identity & Validation
Part 2	Module 6 Quiz
Module 7	Peer Support
Part 1	Video Lesson 7: Peer Support
Part 2	Module 7 Quiz
Module 8	Secondary and Vicarious Trauma
Part 1	Video Lesson 8: Secondary & Vicarious Trauma
Part 2	Module 8 Quiz
Module 9	Self-Care
Part 1	Video Lesson 9: Self-Care
Part 2	Module 9 Quiz

Professional Development Points:

Participants will earn 15 PDPs after active participation in all live sessions and evidence-based completion of all components.

**Note: A more detailed daily schedule will be provided to registered participants before the first day along with a zoom link to attend the live meetings.*